



March 2022

UPCOMING PRACTICES!!

No Practice Sunday, March 6th

Monday, February 28th

5:45-6:30 "Werkout" Clean Studio I

Thursday, March 3rd

4:15-5:45 Junior/Teen Groups Studio I

5:45-6:30 Production Studio I

8:00-10:00 Senior Groups Studio I

(This will take the place of Team classes; Hip Hop will still be held and we will have Production dancers slip out to participate in their Hip Hop choreography)

Monday, March 7th

7:30-9:30 Senior Groups Studio I

Good Luck at MWS Solos/Duets & Trios

No Practice, Sunday, March 13th - Spring Break!!

Practice Schedule

Sunday, March 20th, April 10th, May 1st & May 8th

Studio I		Studio II		Studio III		Studio IV	
11:30-12:00	Junior Duet/Trio					11:00-12:00	Senior Solos Grp 1
12:00-1:00	Junior Solos Grp 1	12:00-1:00	Junior Solos Grp 2	12:30-1:15	Advance Technique	12:00-12:45	Senior Duets
1:00-2:00	Teen Solos Grp 2			1:15-2:00	Int I Technique	12:45-1:15	Clean
2:00-3:00	Junior Groups	2:00-3:00	Junior Groups	2:00-2:45	Int III Technique	1:15-3:00	Senior Groups
3:00-4:00	Production						
4:00-5:30	Teen Groups			4:00-4:45	Int II Technique	4:00-5:00	Senior Solos Grp 2
5:30-6:00	Teen Solos Grp 1	5:30-6:00	Teen Solos Grp 1			5:00-6:00	Senior Solos Grp 3

Dress Rehearsal

Friday, March 26th & Saturday, March 27th

Full costume & Make-up. We will be inviting parents of dancers to observe their dancers. Studio II & III will be used as dressing rooms. Specific times will be emailed soon! We will do a hair and make-up class parents. We are adding a braid back into our hair style and there will be demonstration to help teach this hair style!

Big/Lil Sis

At dress rehearsal your dancer will find out the *exciting* news of who their Big/Lil Sis is for the season. Being a good role model is a huge part of what we teach our dancers. Carrying themselves with grace and being looked up to, not only a good dancer, but a wonderful person off the floor. We love to see the "Big" sis really connect with the young dancer to help them in dance, encourage them on and off the floor and have the reward of being a great role model. The weekend before each competition sisters will exchange a \$15-\$20 gift with a personalized note. With two studios we ask the gifts are brought to the studio during Team classes a full week before the competition so we can transport and hand them out during Sunday practices. Please have your dancer bring an "About Us" sheet to practice on Sunday, March 20th this information is to share with your sister. This should include...Full Name, Picture, Age, Grade, School, Favorite Color, Favorite Candy, Favorite Snack, Favorite Activity and something special about you!

We will exchange gifts the weekend before an attending competition, so our first sister gift exchange will be at dress rehearsal!

Attending Competitions

Competition schedules usually come out 7-10 days prior to the event. In the past we have asked dancers to arrive 90 minutes prior to their scheduled time, but if an attending competition specifies something different, please follow their request. Dancers are expected to stretch on their own and we always practice as a group prior to going on stage. Dancers should not be watching in the auditorium during their "warm up time", unless instructed to watch as a team...this is their warmup time.

Awards...All dancers are required to be at awards for their dances, wearing their NSOD uniform jackets. We will assign who gets the award for groups, all awards should be taken by the assigned dancer and brought to the studio the following week to hand out. Outside of your performance and awards we LOVE having our studio present to support each other, but it is not required.

Communication

Are you on Facebook? We have a Facebook group that we use to communicate during competitions. If you are not a part of this group send me an email and we will make sure to add you!!

Easter Weekend

We will not practice Sunday, April 17th. We will have a modified schedule on Saturday, April 16th. We will announce times in our April newsletter.

We are excited to start our season. The excitement of seeing all the dancers hard work on stage is so rewarding. We encourage each dancer to set personal goals and thrive on their personal progress! Every dancer brings something precious to our team. We appreciate you sharing your dancer with us and we are looking forward to a great season!