



Our 2022–2023 season is off to a great start. We have been evaluating levels and making some adjustments as needed. In class we are working hard on our flexibility, terminology, and dance basics. We have been talking about the importance of stretching outside of class! In our more advanced classes, we have started the year off stretching with yoga blocks and cardio to increase strength. We will begin measuring over the next two weeks. Costumes are ordered throughout the month of November! Your September–November dance payments include your recital costume fees. If you opted out of our EFT your October payment is due the 1st of the month.

Your dancer will receive their NSOD t-shirt the week of October 17th!



Halloween Costume Party's in ALL combo classes are the week of October 31st. Please make sure your dancer can comfortably move in their costume (we will still be dancing) and no accessories, please! We will perform our Halloween dances, play games, build mazes and prizes will be given to the best costume. All pointe, contemporary, technique, strength/stretch and leaps and turns classes will have regular class but can still dress up!!

Scheduled Vacations (no classes)

Thanksgiving Break Monday, November 21st – Sunday, November 27th

Christmas Break Friday, December 23rd – Friday, January 6th

Spring Break Sunday, March 12th – Saturday, March 18th

All other school holiday's we will still hold class



2023 Christmas Shows

We are excited to announce that this years Christmas shows will be held at Toast in the District.

ALL SHOWS

Monday, December 19th details to come!

There will be no regular classes this week.

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Nicole's School of Dance