



February 2023

Our season is quickly approaching, and we are excited! Below is our practice schedule, which is the same as January.

Sunday Practice Schedule (no practice Sunday, March 12th-Spring Break)

| Studio I | | Studio II | | Studio III | | Studio IV | |
|------------|--------------------------|-------------|--------------------|-------------|--------------------|-------------|--------------------|
| 11:30-1:30 | Teen Groups | 11:30-12:30 | Junior Solos Grp 1 | 11:30-12:30 | Junior Solos Grp 2 | 11:30-12:45 | Senior Solos Grp 1 |
| 1:30-3:30 | Junior Groups | 12:30-1:15 | Int I Technique | 12:30-1:15 | Int II Technique | 12:45-1:30 | Senior Duets |
| 3:30-4:00 | Teen/Senior Groups | 3:15-4:00 | Int III Technique | | | 1:30-3:15 | Senior Groups |
| 4:00-4:45 | Production "School Days" | | | | | 3:15-4:00 | Senior Solos Grp 2 |
| 4:45-5:30 | Teens Solos Grp 1 | | | | | | |
| 5:30-6:15 | Teen Solos Grp 2 | | | | | | |
| | | | | | | | |
| | | | | | | | |

Ankeny Dance Team Showcase

Sunday, February 19th 7:00

(Dancer's arrive at 6:15 AHS Gym)

- I Am Yours
- I Am Blessed
- Brave
- Until the Levee

Talent On Parade

Optional Solo Competition

February 24th – 26th

*If you are competing at TOP please wear your costume to practice February 19th

Competition Dress Rehearsal

Sunday, February 26th – schedule TBA

Tight/Shoe Requirements

We will place a studio order for shoes Wednesday, February 15th, see your teacher during your class time to place your order. In stock items arrive within a week of your order. We will continue to carry merchandise throughout competition season as well!

| | Tights | Shoes | |
|----|----------------------------|---|-----------------------|
| 1 | Cha Cha Heels | NONE | Pedini Femme Tan Jazz |
| 2 | Warrior | Caramel Footless | Canvas Half Sole |
| 3 | I Am Fire | NONE | NONE |
| 4 | New Light | Caramel Footless | Canvas Half Sole |
| 5 | Blank Page | NONE | Canvas Half Sole |
| 6 | Prayer of The Children | Caramel Footless | Canvas Half Sole |
| 7 | I Am Blessed | Caramel Footless | Canvas Half Sole |
| 8 | A Light To Call Home | Caramel Footless | Canvas Half Sole |
| 9 | Black Car | Caramel Transition/Black Seamless Fishnet | Black Pulse Jazz |
| 10 | I Enjoy Being A Girl | Caramel Transition | Tan Pulse Jazz |
| 11 | Fix My Crown | NONE | Tan Pulse Jazz |
| 12 | Oooh Fashion | NONE | Tan Pulse Jazz |
| 13 | Party Girl | Caramel Transition | Tan Pulse Jazz |
| 14 | Clap Your Hands | Caramel Transition | Tan Pulse Jazz |
| 15 | Valerie | Caramel Transition | Tan Pulse Jazz |
| 16 | Suitcase | Caramel Footless | Canvas Half Sole |
| 17 | Cowgirls | Caramel Transition | Tan Pulse Jazz |
| 18 | Home To You | NONE | Canvas Half Sole |
| 19 | Don't Take My Fire | NONE | Tan Pulse Jazz |
| 20 | Calling On Angels | Caramel Footless | NONE |
| 21 | Bridge Over Troubled Water | NONE | Canvas Half Sole |
| 22 | Vibeology | NONE | TBA |
| 23 | Hustle | Caramel Transition | Tan Pulse Jazz |
| 24 | Brave | Caramel Footless | Canvas Half Sole |
| 25 | Future Me | Caramel Footless | Canvas Half Sole |
| 26 | Timebomb | Caramel Transition | Tan Pulse Jazz |
| 27 | Need You Now | Caramel Footless | Canvas Half Sole |
| 28 | See Me Now | Caramel Transition | Tan Pulse Jazz |
| 29 | Dead In The Water | Caramel Footless | Canvas Half Sole |
| 30 | Welcomeme to the Madhouse | Caramel Transition/Black Seamless Fishnet | Black Pulse Jazz |
| 31 | Constellations | NONE | Canvas Half Sole |
| 32 | Fix You | NONE | Canvas Half Sole |
| 33 | Somebody To Hold | NONE | Canvas Half Sole |
| 34 | Show Off | NONE | Tan Pulse Jazz |
| 35 | Disco Pop | Caramel Transition | Tan Pulse Jazz |
| 36 | Destination | NONE | NONE |
| 37 | Until The Levee | NONE | NONE |
| 38 | War Zone | NONE | Canvas Half Sole |
| 39 | 8 Me's | NONE | NONE |
| 40 | Wake Me Up | Caramel Footless | Canvas Half Sole |
| 41 | What Have I Done? | Caramel Footless | Canvas Half Sole |
| 42 | Why Don't You Do Right | NONE | Black Pulse Jazz |
| 43 | She Is Free | Caramel Footless | Socks |
| 44 | All Again | NONE | Canvas Half Sole |
| 45 | This Will Be | Caramel Transition | Tan Pulse Jazz |
| 46 | Tainted Love | Caramel Transition | Tan Pulse Jazz |
| 47 | What I Know Now | Caramel Transition/Black Seamless Fishnet | Black Pulse Jazz |
| 48 | Welcome to the Jungle | NONE | NONE |
| 49 | Start Your Engines | NONE | Vans Red |

Make Up Order Form

Due Wednesday, February 15th!

The following items are REQUIRED for new team members:

- Pallet includes: 3 eyeshadows and 1 blush
- Black Pencil Eyeliner
- Red Lip Liner
- Red Lipstick

| Mary Kay Items | Qty | Price | Total |
|-------------------------------|-----|-------------------|-------|
| Pallet (3 Eyeshadows & Blush) | | \$ 56.00 | |
| Black Eyeliner | | \$ 12.00 | |
| Lip Liner | | \$ 12.00 | |
| Lipstick | | \$ 18.00 | |
| Black Mascara | | \$ 18.00 | |
| Brush Set | | \$ 58.00 | |
| Pallet Refills | | | |
| Hot Fudge Eye Shadow | | \$ 10.00 | |
| Hazelnut Eye Shadow | | \$ 10.00 | |
| Biscotti Eye Shadow | | \$ 10.00 | |
| Shy Blush | | \$ 16.00 | |
| Earrings | | | |
| Pierced | | \$ 15.00 | |
| Clipped | | \$ 15.00 | |
| | | Total Due: | |

Dancers Name:

Checks payable to NSOD or venmo @Nicole-Hudson-Reed