



February 2024

Our season is quickly approaching, and practice attendance is extremely important for the success of our season. Below is our practice schedule, this will remain the same the remainder of the season!

Sunday Practice Schedule

NO Sunday practice February 18th & March 10th (Spring Break)

February Schedule							
Studio I		Studio II		Studio III		Studio IV	
11:30-1:15	Teen Groups	11:30-12:30	Junior Solos Grp 1	11:30-12:30	Junior Solos Grp 2	11:30-12:15	Senior Solo Grp 1
1:15-2:00	Mini Groups	1:15-2:00	Teen Solos Grp 1	12:30-1:15	Team 1/2 Technique	12:15-1:00	Team 6/7 Technique
1:15-3:00	Junior Groups	2:00-2:45	Teen Solos Grp 2	1:15-2:00	Team 5 Technique	1:00-2:00	Senior Finished Groups
3:00-4:15	Teen/Senior Mixed Groups	2:45-3:30	Teen Solos Grp 3	2:00-2:45	Team 4 Technique	2:00-2:45	Senior Duets
4:15-5:00	Production			3:00-3:45	Team 3 Technique	2:45-3:30	Senior Solos Grp 2
5:00-5:45	Teen Solo Grp 4						

***Teen solo groups will be given to your dancer at their team practice this week. All other groups stay the same as January.**

Ankeny Centennial Dance Team Showcase – Centennial High School

Sunday, February 18th 1:00 PM

(Dancers arrive 12:30)

- Small World
- Salvation
- Old Days
- Get What I Want – duet
- Love Again
- Awakening

Ankeny Dance Team Showcase – Ankeny High School

Sunday, February 18th 7:00

(Dancers arrive at 6:30)

- Get Busy
- Stop N Go
- Tribe

Talent On Parade

Optional Solo Competition

February 23rd – 25th

MWS

Optional Solo Competition

March 1st – 3rd

Tight/Shoe Requirements

We will place a studio order for shoes/tights Monday, February 12th, if you would like for the studio to order for you, please submit your order on the google sheet for in your email. We use Mark's Dancewear in Johnston as our vendor and do not mark up their costs, we place orders for your convenience of local delivery. Orders placed by 2/12 will be available for pick up on Thursday, February 15th.

Dance	Tights	Shoes
1 A Letter To My Daughter	Caramel Footless	Canvas Half Sole
2 Welcome To the Jungle	NONE	Tan Pulse Jazz
3 Love Again	Caramel Footless	Canvas Half Sole
4 You're Gonna Be Okay	Caramel Footless	Canvas Half Sole
5 Okay Not to Be Okay	Caramel Footless	Canvas Half Sole
6 Money	NONE	Ordered by Studio
7 What The World Needs Now	NONE	NONE
8 Small World	NONE	NONE
9 Salvation	NONE	Canvas Half Sole
10 Old Days	NONE	NONE
11 Dreams	NONE	NONE
12 The Chain	NONE	NONE
13 Officer Down	NONE	Canvas Half Sole
14 5 Little Monkeys	Caramel Transition	Tan Pulse Jazz
15 Bathing Beauties	Caramel Transition	Tan Pulse Jazz
16 Ponytail	Caramel Transition	Tan Pulse Jazz
17 Show Me What You Got	NONE	Tan Pulse Jazz
18 Express Yourself	Caramel Transition	Tan Pulse Jazz
19 Here Comes The Sun	Caramel Footless	Canvas Half Sole
20 Get Busy	Caramel Transition	Tan Pulse Jazz
21 Tribe	NONE	Tan Pulse Jazz
22 Salute	Caramel Transition	Tan Pulse Jazz
23 At This Table	NONE	NONE
24 Knocking On Heavens Door	NONE	Canvas Half Sole
25 I Need You Now	Caramel Footless	Canvas Half Sole
26 Star In Your Own Life	Caramel Transition	Tan Pulse Jazz
27 What I Want	Caramel Transition	Tan Pulse Jazz
28 All Brand New	Caramel Transition	Tan Pulse Jazz
29 Here I Come	Caramel Transition	Tan Pulse Jazz
30 I Believe	Caramel Footless	NONE
31 The Little Things	Caramel Transition	Tan Pulse Jazz
32 Fun	NONE	Tan Pulse Jazz
33 Awakening	NONE	Canvas Half Sole
34 Just Fine	NONE	Tan Pulse Jazz
35 Good To Go	NONE	Tan Pulse Jazz
36 Buy My Mom A House	NONE	NONE
37 Slay	NONE	Tan Pulse Jazz
38 Hands	NONE	Canvas Half Sole
39 Come Fly With Me	NONE	NONE
40 Come This Far	Caramel Transition	Tan Pulse Jazz
41 It's Quiet Uptown	NONE	Canvas Half Sole
42 Shatter Me	NONE	Canvas Half Sole
43 Darling	NONE	Canvas Half Sole
44 What A Feeling	NONE	NONE
45 Look at Me	NONE	Tan Pulse Jazz
46 Change Your Perspective	NONE	NONE
47 Leave The Light On	NONE	NONE
48 Toxic	Caramel Transition	Tan Pulse Jazz
49 Let Me Entertain You	Caramel Transition/Seamless Caramel Fishnet	Tan Pulse Jazz
50/51 PRODUCTION	Caramel Transition	Tan Pulse Jazz
52 Stop N Go	NONE	TBA
53 Cloudy Day	NONE	NONE
54 Love Me More	Caramel Transition	Tan Pulse Jazz
55 You Are Good	Caramel Transition	Tan Pulse Jazz

Dress Rehearsal Schedule Saturday, February 17th

Studio I					
Time	Dance		Time	Dance	
9:00 AM	Attitude	Kinley Reed	12:45 PM	A Letter To My Daughter	
9:03 AM	I Talk The Talk	Kyla Reed	12:50 PM	Love Again	
9:06 AM	I Found	Ella Smith	12:55 PM	You're Gonna Be Okay	
9:09 AM	Proud	Kennedy Kluver	1:00 PM	Okay Not to Be Okay	
9:12 AM	Pure Imagination	Avery Lahart	1:05 PM	What The World Needs Now	
9:15 AM	Incase You Don't Live Forever	Bailey Machan	1:10 PM	5 Little Monkeys	
9:18 AM	I Was Here	Sydnee Jurgensen	1:15 PM	Dreams	
9:21 AM	Level Up	Ava Maritim	1:20 PM	Express Yourself	
9:24 AM	Copycat	Avery Kluver	1:25 PM	Star In Your Own Life	
9:27 AM	We Dance	Ella/Kinley	1:30 PM	Show Me What You Got	
9:30 AM	Darkside	Courtney Stuart	1:35 PM	Good To Go	
9:33 AM	All I Ask	Aubrey Olson	1:40 PM	Bathing Beauties	
9:36 AM	Lift Me Up	Olivia McQueen	1:45 PM	Here Comes The Sun	
9:39 AM	Halo	Kollins Nicholson	1:50 PM	You Are Good	
9:42 AM	Wake Up	Reagan Kephart	1:55 PM	I Need You Now	
9:45 AM	Warrior	Kennedy/Kinley/Kyla	2:00 PM	Just Fine	
9:48 AM	How Can It Be	Mia Heim	2:05 PM	Small World	
9:51 AM	Dancing In The Sky	Raiella Marler	2:10 PM	Here I Come	
9:54 AM	Honest	Payton Young	2:15 PM	Ponytail	
9:57 AM	When You Came Along	Rhylie Hough	2:20 PM	What I Want	
10:00 AM	Boss Lady	Harlow Schultz	2:25 PM	Fun	
10:03 AM	I'll Keep You Safe	Jenna Strable	2:30 PM	Get Busy	
10:06 AM	Bang Bang	Shelby Bower	2:35 PM	Tribe	
10:09 AM	Bigger Person	Kinley Reed	2:40 PM	Love Me More	
10:12 AM	I Stand	Kyla Reed	2:45 PM	Old Days	
10:15 AM	Rescue My Heart	Avery/Kennedy	2:50 PM	Salvation	
10:18 AM	Lose Control	Avery Lahart	2:55 PM	The Chain	
10:21 AM	Voilà	Bailey Machan	3:00 PM	Officer Down	
10:24 AM	Hurricane	Ella Smith	3:05 PM	Look at Me	
10:27 AM	Hit The Road Jack	Sydnee Jurgensen	3:10 PM	Toxic	
10:30 AM	Strong	Allie Clark	3:15 PM	At This Table	
10:33 AM	TBA	Rhylie Hough	3:20 PM	All Brand New	
10:36 AM	Meant For You	Kinley/Payton/Sydnee	3:25 PM	It's Quiet Uptown	
10:39 AM	This Girl	Avynn Reuter	3:30 PM	Cloudy Day	
10:42 AM	Daylight	Kenley Parker	3:35 PM	I Believe	
10:45 AM	Reason To Stay	Bridget Belz	3:40 PM	Awakening	
10:48 AM	Ready Right Now	Hailey Balk	3:45 PM	Knocking On Heavens Door	
10:51 AM	Outsider	Claire ziegler	3:50 PM	Come This Far	
10:54 AM	Simply The Best	Ava Reed	3:55 PM	Darling	
10:57 AM	Imagian	Emma Reed	4:00 PM	Something Beautiful	Kyle/Reese
11:00 AM	Come Back Home	Paige Long	4:05 PM	Space Between	Brynnne/Kollins
11:03 AM	It'll Be Okay	Elsa Knobloch	4:10 PM	Shatter Me	
11:06 AM	Tear Us Apart	Kayli Nielsen	4:15 PM	There for You	Kinley/Mia
11:09 AM	Love You In My Mind	Lily Sparks	4:20 PM	Game of Survival	Harlow/Kyla
11:12 AM	Girls	Kinley/Kyla	4:25 PM	Change Your Perspective	
11:15 AM	Wonderful Life	Mia Hubbard	4:30 PM	Leave The Light On	
11:18 AM	Let It All Go	Elizabeth Harms	4:35 PM	Salute	
11:21 AM	Lighthouse	Erica Jansen	4:40 PM	What A Feeling	
11:24 AM	Way Out	Marcella Gliwa	4:45 PM	Wherever You Will Go	Aubrey/Kennedy
11:27 AM	All The Rest	Mabel Brendeland	4:50 PM	Let Me Hurt	Elsa/Gabie
11:30 AM	Hold On	Cate Trewet	4:55 PM	Buy My Mom A House	
11:33 AM	Puppet	Ciara Spicer	5:00 PM	The Other Side	Kayli/Payton
11:36 AM	The Days	Nora Huebsch	5:05 PM	Slay	
11:39 AM	Tears of an Angel	Peyton Griffith	5:10 PM	Carry You	Courtney/Lily
11:42 AM	Girl Like Me	Basil Bergmann	5:15 PM	Slow and Steady	Ella/Sydnee
11:45 AM	Fabulous	Brea Bash	5:20 PM	Hands	
11:48 AM	Wake Me Up	Kennedy/Kyla	5:25 PM	Still Have You	Avery/Campbell
11:51 AM	Is That Alright	Ryann Wisecup	5:30 PM	Yellow Flicker	Avynn/Kenley
11:54 AM	My Own Drum	Vivian Royster	5:35 PM	Come Fly With Me	
11:57 AM	Yes I Can	Zoe McAnelly	5:40 PM	Get What I Want	Basil/Paisley
12:00 PM	Gonna Be A Good Day	Zoe Ball	5:45 PM	Stop N Go	
12:03 PM	Just Move	Adalyn Rempe	5:50 PM	The Little Things	
12:06 PM	Here Right Now	Ashlynd Lange	5:55 PM	Money	
12:09 PM	Don't Watch Me Cry	Ava Wall	6:00 PM	All My Life	Bianca/Bridget
12:12 PM	Home	River McNeeley	6:05 PM	Dancing My Way	Kyle/Paige/Reese
12:15 PM	Sweet Child of Mine	Piper Prochnow	6:10 PM	Let Me Entertain You	
12:18 PM	In Your Love	Reagan Hurd	6:15 PM	Never Let You Down	Kahlynn/Mila
12:21 PM	Where The Shadow Ends	Krista Boggess	6:20 PM	Don't Worry About Me	Brinley/Kaycee
12:24 PM	Ordinary	Emersyn Magill	6:25 PM	Welcome To The Jungle	
12:27 PM	Werk It Now	McKinley Sisk	6:30 PM	School Days	
12:30 PM	Glowin Up	Lakelyn Rubin			
12:35 PM	Itsy Bitsy Spider	Logan Netolicky	7:00 PM	Pizza Party	

Studio III		
Time	Dance	
9:00 AM	Battlefield	Claire/Kayli
9:03 AM	Girls Gotta	Anna/Olivia
9:06 AM	I Am Yours	Ava/Emma/Mia
9:09 AM	I Will Carry You	Campbell/Ryann
9:12 AM	Musics All We Got	Hailey/Reagan
9:15 AM	Thy Will	Kayli/Kennedy
9:18 AM	Womanizer	Kennedy Kluver
9:21 AM	Unbroken	Kinley Reed
9:24 AM	Mother Earth	Kyla Reed
9:27 AM	Get Ready	Mia Heim
9:30 AM	Remember	Harlow Schultz
9:33 AM	Something In The Orange	Kennedy Kluver
9:36 AM	Superman	Ava Maritim
9:39 AM	Next Big Thing	Avery Kluver
9:42 AM	Faded	Courtney Stuart
9:45 AM	Save Me	Kayli Bales
9:48 AM	Are You With Me	Kennedy Nielsen
9:51 AM	When You Believe	Paisley Dietrich
9:54 AM	Accessory	Scarlett Parker
9:57 AM	Super Power	Anna Bucher
10:00 AM	Pose	Olivia McQueen
10:03 AM	Get Ready	Kollins Nicholson
10:06 AM	Dance Like Yo Daddy	Reagan Kephart
10:09 AM	Eastern Sun	Raiella Marler
10:12 AM	Better Than Today	Nina Stork
10:15 AM	Believer	Campbell Ingham
10:18 AM	Deep End	Payton Young
10:21 AM	Learn To Speak	Jenna Strable
10:24 AM	Bound To You	Shelby Bower
10:27 AM	Love Me or Leave Me	Gabie Lampe
10:30 AM	Heart of Stone	Adalynn Strike
10:33 AM	Don't Dream its Over	Bianca Belz
10:36 AM	My Strongest Suit	Mila Rungee
10:39 AM	Paper Doll	Kahlynn Rungee
10:42 AM	Walking on Sunshine	Allie Clark

Hair

We will be wearing a Dutch braid and bun again this year (see picture below). All dancers should wear a hair net in their buns and have a secure ballet bun just above the base of your head, your bun should not hang on your neck. The hair piece shown is the lyrical hair piece that can be ordered from Amazon-link also sent in email.

<https://a.co/d/9agSTMZ>



Make-up

Apply foundation to entire face.

Use a loose setting powder.

Eyes

Use an eyeshadow brush to highlight the brow bone and inner corner of the eye with BISCOTTI

- Use an eyeshadow brush to lightly apply HAZELNUT over entire lid up to the crease.
- Use an angular eyeshadow brush to apply HOT FUDGE in the crease in the shape of a sideways "V" focusing color on the outer half of the eye.
- Use black eyeliner along upper lash line, winging it out at the end.
- Line the bottom with a white eyeliner pencil or BISCOTTI eye shadow and extend outward lining in up with the black eyeliner.
- Apply Eye Lashes on lash line.

CHEEKS

- Use brush to apply blush starting at hairline just under cheekbone and pulling color forward to apples of the cheek.

LIPS

- Line lips and apply lipstick (lining is VERY important to avoid lipstick bleeding). You can use setting powder on lips too!

